

Icebreaker Activity (Time: 5 Minutes)

The purpose of this activity is to get to know the names of ALL the members of your group, and to get to know a little about each person's personality.

Each person in the group must think of an adjective that describes themselves. The trick is, the first letter of the adjective they choose must be the first letter of their first name.

The activity begins with the first person stating their first name and their adjective. Here is an example...

Hi! My name is Chris and I am Charming

It's important that everyone remember Chris's name and adjective, because they will have to introduce him. Here is an example of what the second person to go will have to say...

Hi! My name is Richard and I am Rambunctious. This is Chris and he is Charming.

Here is one more example of what the third person would say...

Hi! My name is Lucy and I am Lazy. This is Richard and he is Rambunctious. And this is Chris and he is Charming.

Do this until everyone in the group has participated.

Have Fun Choosing Your Adjectives!