

Phone Numbers and Resources:

IU Police Department812-855-4111
Bloomington Police Dept.....812-339-4477
Bloomington Hospital812-336-9515
CAPS, Counseling and Psychological
Services.....812-855-5711
SACS, Sexual Assault Crisis Services
.....812-855-4011
Office for Women's Affairs.....812-855-3849

Center for Behavioral Health812-339-1691
Student Legal Services812-855-7867
Student Advocates812-855-0761
Office for Women's Affairs812-855-3849
Middle Way House.....812-336-0846
Protective Order Project812-855-9229
Alcohol/Drug Information.....812-855-5414

IUSA Safety Escort812-855-7233
Campus Bus Service812-855-8384
Bloomington Transit812-336-7433
Yellow Cab Company.....812-339-9744
White Cab Company.....812-334-8294

National Sexual Violence Resource
Center: <http://www.nsvrc.org/>

RAINN: Rape, Abuse & Incest National
Network: www.rainn.org

The Office for Women's Affairs (OWA)

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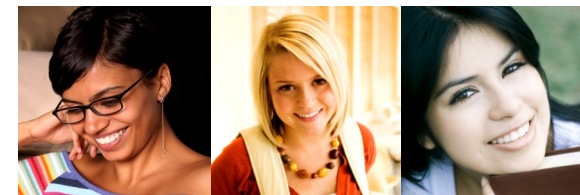
Memorial Hall E122
812-855-3840

Brandi Masterson,

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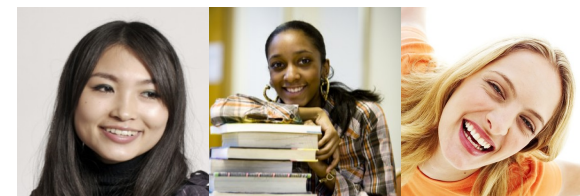
brmaster@indiana.edu

Memorial Hall E123
812-855-3849



**EMPOWER
YOURSELF:
Know the Facts
About Sexual
Assault and Learn
What You Can Do
to Protect Yourself
and Other Women**

**Creating Opportunities,
Empowering Our World,
Facilitating Access
OWA
Office for Women's Affairs**





Approximately 1 in 20 college women are victims of rape or attempted rape each year. The most vulnerable population for campus rape is freshman girls.

When you go out, go to parties with a group of friends and agree that you will actively keep track of one another. When you get to the party, keep track of one another. Keep directions to and from the party, as well as funds for emergency transportation, on yourself at all times. Program the number of the local cab companies, and the number of the IUSA Safety Escort, into your cell phone (see back of brochure for numbers).



Almost 90% of men whose actions matched the legal definition of rape, said that what they did was definitely not rape.

Rape is forced sexual activity. If someone has sex with you while you are passed out, compromised, unsure, or unwilling, then they have committed rape.

If you or somebody you know are a victim of sexual assault, the Sexual Assault Crisis Service (SACS) is available on a 24-hour basis. Calling the Crisis Service, (812) 855-8900, will put you in touch with a counselor who can provide you with information and assist in dealing with complex feelings and making decisions. SACS also offers ongoing individual and group counseling to assist in dealing with the emotional effects of rape and assault.

Sexual assault victims may be concerned with missing classes and falling behind in their schoolwork. The Office for Women's Affairs (OWA) serves to help you communicate with professors during this challenging time, and will advocate directly with the professors, on your behalf.

While alcohol does not cause rape, over 75% of college rapes involved alcohol.

If you are sexually assaulted you are not to blame for the criminal actions of the attacker, but alcohol abuse increases everyone's chances of becoming a victim. Drink in moderation, avoiding "punches" and offerings of poured or opened drinks. Even if your group walked to the party, designate a "sober friend" who will be able to notice if your behavior is suspicious or if you are becoming incapacitated.

Approximately 22% of victims are raped by intimates such as husbands or boyfriends; 47% by acquaintances and 2% by other relatives.

Women are told to watch out for sexual predators in alleys and dark streets, but you are far more likely to be sexually assaulted by someone you know than by a stranger. Do not go to someone's room or apartment alone. Trust your instincts and avoid situations that make you uncomfortable. Remain sober, especially when partying with people you do not know.

