

# Rio Grande Whitewater Canoeing

## Trip Description

Come join us for a week canoeing through the lower canyons of the magnificent Rio Grande!

Sleep beneath the stars in Texas and Mexico with no fear of biting bugs. Cool off during the warm days by going for a swim in the river and relax in the evening, soaking in natural hot springs.

Experience [Class I-III rapids](#), hike through side canyons, and enjoy the adventure of a lifetime.

**No canoeing experience is necessary.** We will teach you all you need to know to navigate the canyons of the Rio Grande.

## Accommodations:

- Primitive camping (no toilets or running water) on the banks of the Rio

## Mandatory Planning Meeting:

- March 1, 6:30-8:30pm at IUOA

**Enrollment Limit:** 11



**Dates:** March 9–17, 2012

**Cost:** \$550 for IU Student  
\$595 for Public

## Cost includes:

- Instruction
- Food (while on-trail and at camp)
- Permits and fees
- Group Gear (tents, backpacks, cooking gear)
- Canoeing gear
- Transportation to Texas and back

## Cost does not include:

- Food (during car travel)
- *All items on packing list (see page 2)*

# Rio Grande Backpacking Packing List



Below is a list of items you may need and/or want to use on your trip. We do not expect you to buy all the gear on this list in brand new condition. This is simply a list of **necessary** and suggested items that you can rent or purchase, from IUOA, before your trip's departure.

Good places to purchase gear are IUOA Gear Shop (in Eigenmann), Goodwill (or other consignment shops), JL Waters (on the Square), Dick's Sporting Goods, etc.

## GEAR KEY:

- **The items (and quantities of items) in bold type are mandatory.**
- The items not bolded are for comfort, but are not necessary.
- \*Item is available for rent from IUOA. **Please call 855-2231 by Feb 24, 2012 to reserve gear.**
- \$ Item is available for purchase from IUOA. Please call for price and availability.

## Sleeping

- **Synthetic sleeping bag (rated to 20° F) \***
- **Sleeping pad \*** (if air mattress, bring repair kit)

## Clothing

- **1 Waterproof jacket** \$
- **1 Waterproof pants** \$
- **2 Long sleeve shirts** (synthetic or wool) \$
- **2-3 Short sleeve shirts** (synthetic or wool) \$
- **2 Mid-weight insulating tops** (synthetic or wool) \$
- **2 Pair long pants** (for river & camp, synthetic) \$
- **1 Pair shorts** (for river, synthetic) \$
- **1 Long underwear pants** (synthetic or wool) \$
- 1 Bathing suit
- **1 Cap** (for sun) \$
- **1 Hat** (synthetic, for cold weather) \$
- **1-2 Pair gloves/mittens** (synthetic – fleece, wool, etc.) \$

## Footwear

- **1 pair of closed-toed, closed-heel shoes** (for river)
- **1 pair shoes or sandals** (for camp)
- **3-4 pairs of socks** (synthetic, for river and camp) \$

## Eating

- **1 Plate/bowl** \$
- **1 Eating utensils** (spoon and/or fork, spork) \$
- **2 Water bottles** (32oz each minimum) \*\$

## Other

- **Lip protection** \$
- **Sun block** \$
- **Sunglasses**
- Personal hygiene items \$
- 1-2 Bandana/handkerchief \$
- Personal medications
- **1 Flashlight/headlight** \*\$
- **Extra batteries** \$
- **Small dry bags and/or Plastic bag(s) of various sizes** \$
- **Money**
- Camera \$
- Extra snacks, electrolytes (for drinks) \$

## Group gear provided by IU Outdoor Adventures:

- ✓ Tents
- ✓ Food (menu determined in planning meeting)
- ✓ Canoeing gear: helmet, PFD, canoe, paddles
- ✓ Large dry bags for clothing and gear
- ✓ Tarps
- ✓ Cooking Gear
- ✓ Whistle