

School of Education

Interdisciplinary Doctoral Minor in Gerontology
Department of Counseling and Educational Psychology
Faculty Advisor: Dr. Lesa Lorenzen-Huber
Interim Director, Center on Aging and Aged
lehuber@indiana.edu

The Department of Counseling and Educational Psychology offers an interdisciplinary minor in gerontology in cooperation with the School of Health, Physical Education, and Recreation (HPER). The minor consists of 4 courses in gerontology and a paper/proposal. Please direct any questions about the minor to Dr. Lesa Lorenzen-Huber, the minor faculty advisor at lehuber@indiana.edu.

1. Select 4 courses from the following (at least 2 courses should be EDUC courses):

EDUC P513 Gerontology: Multidisciplinary Perspectives **Fall & Spring**

An online course fall semester and in the classroom spring semester focusing on demographics, historical and cultural aspects of aging, biological and social theories of aging, physical, cognitive, personality changes in old age, physical and mental health in old age, relationships in old age, and death. Implications for social policy are emphasized.

EDUC P517 Adult Development and Aging **Fall**

This online course focuses on development from early, middle, and late adulthood. Topics include: developmental research methods, racial and ethnic diversity in adult development, relationships in adulthood, work, leisure, and retirement, changes across adulthood in health, sensory, cognitive, and personality functioning, coping in adulthood, mental health interventions, and communicating with the elderly.

EDUC P518 Social Aspects of Aging and Aging Families **Spring**

This online course considers the social, financial, familial, and resource needs and issues of older individuals, and the contemporary responses of public health and social systems. This class enables students to critically analyze current social events and better interrelate to issues in aging using solid concepts, theories and research.

HPER K500/C615

Health, Longevity, and Integrative Therapies for the Later Years **Fall**

This interdisciplinary online course reviews health care, the biology of aging, new research in aging, and applications of integrative medicine for older adults. Students evaluate comparative effectiveness of integrative therapies and allopathic medicine for common chronic illnesses in the rapidly growing older adult population and critically analyze the “anti-aging” industry.

HPER C535 Contemporary Issues in Aging and Health

Summer II

This online course examines aging issues and health inequalities among diverse populations, women's aging and health experiences, and the prospects for the aging baby boomer cohort. Graduate students evaluate the effectiveness of current public health programs and policies in meeting the needs of the rapidly growing diverse older adult population.

HPER R566 Therapeutic Interventions with the Elderly

Spring

This online course focuses on the unique recreation and leisure needs of more frail older individuals. Topics include: aging, disability, chronic illness, the therapeutic recreation process, assessment, documentation, evaluation, and ethics.

HPER R565 Leisure and Aging

Fall & Summer II

The role of leisure in older adulthood. This course is online for Summer II and in the classroom for Fall semester. It explores the role of leisure in healthy older adult development. Topics include: physical, cognitive, emotional, and social aging; theoretical frameworks in the literature on leisure and aging; current leisure services and settings, and public policy issues of the 21st century.

ACE D505 Adult Learning Through the Lifespan

Fall

Review of selected adult education literature describing the adult lifespan as it relates to participation in learning projects and adult education programming. Identify how social and cultural forces influence the engagement of adults in the learning process.

ACE D506 Adult Education Planning and Development

Spring

Investigate the theory and research of program planning and development for adults, including processes used to develop educational programs in various settings. Topics include needs assessment, program design and development, implementation, and evaluation.

Other courses may be substituted if approved by the minor advisor, Dr. Huber.

2. In lieu of a written qualifying exam, the student will complete an alternate assignment. The alternate assignment may be a paper or a funding proposal either real or simulated. Dr. Huber, the minor advisor, must approve the alternate assignment.