

# Center for Early Childhood Education

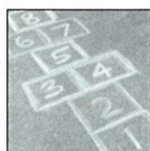
## Newsletter

Our Mission: To help all children in Howard County to be successful when they enter school.

Issue 55, November 15, 2008

### Learning About Numbers

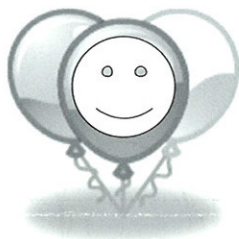
Children learn the meaning of numbers in the everyday experiences parents provide for them in the home and in nature. Your child needs opportunities to watch, play and interact with you to discover relationships with numbers and how they are used.



### Balloon People are Fun to Make

All you need are balloons, stickers or markers, paper, tape, and a coin.

Blow up the balloon, make faces with your materials, color feet and make a hole in the center of the feet to push the tied end of the balloon through. If it won't stand up, tape a coin to the feet, or something flat that is heavy.



### Information From the Scholastic Parent & Child Magazine

Information from the October 2008 issue: Kids love their MP3 player, or other things that they listen to through earphones. Excessive volume can damage eardrums. Listening for long periods of time at high volume levels can cause hearing loss. A safe limit is to not listen for more than 60 minutes a day at 60 percent volume.

### Manners Count



Magic Words – do you use them? “Thank you” can be very powerful if children know how to use it properly. How do they learn? Model it for them by thanking people who help you – the grocery bagger, the person who holds open a door, the waiter who brings you more water. The more you say it, the more likely your child will follow your example. Do it often with your children – thank them for playing quietly, for eating nicely, for petting the dog gently. Let your children know it is a very nice thing to do and shows that you are polite, caring, respectful, and appreciative of what others are doing for you. When your child says “thank you” to you, be sure you say “you’re welcome” in return to let them know you are happy that they use good manners. Thanksgiving dinner would be a good time to practice “Please” and “Thank you.”

#### Is your child ready for college?

Well maybe not all the classes, but Little Learners Child Care on the IU Kokomo campus is open to toddlers (ages 1-2) and pre-school (ages 3-6) children. The center is open to the public. Call (765) 455-9306, or e-mail [childcare@iuk.edu](mailto:childcare@iuk.edu) for more information.



# Thanksgiving Food Safety

1. Wash your hands before and after fixing a meal.
2. Use separate cutting boards for fresh fruits/vegetables and raw meat.
3. Follow these guidelines for thawing your turkey:

Turkey Size	In Refrigerator	In Cold Water
4 to 12 pounds	1 to 3 days	2 to 6 hours
12 to 16 pounds	3 to 4 days	6 to 8 hours
16 to 20 pounds	4 to 5 days	8 to 10 hours
20 to 24 pounds	5 to 6 days	10 to 12 hours

4. A turkey is safely cooked when the minimum internal temperature is 165 degrees.
5. Refrigerate leftovers within two hours of cooking.

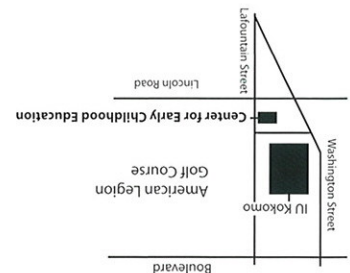
For more information go to the U.S. Department of Agriculture's web site: <http://www.fsis.usda.gov>, click fact sheets.



## Center for Early Childhood Education

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