

Indiana University School of Social
Work Alumni Association
2010 9th Annual Alumni Conference

Social Work: Coping in a Changing Society



Friday, March 5, 2010

**The Marten House Hotel
and Conference Center
1801 W. 86th Street, Indianapolis**

6 CEU's

March 5, 2010

Social Work: Coping in a Changing Society

The Marten House Hotel and Conference Center
1801 W. 86th Street, Indianapolis

8:30-9:00 a.m.

Registration

9:00 a.m.

Welcome and School Message

IUSSWAA President Emily Stage and Dean Michael Patchner

9:15-10:30 a.m.

Keynote

Cultural Diversity

Eric Love, M. Coun

In today's global economy and changing demographics, it is more important than ever to continually work on multicultural competencies. Eric Love will discuss the importance of diversity education and multicultural competencies in all fields, including Social Work. Mr. Love will define multicultural competency, discuss ways to increase your competency and to connect with diverse clients. Eric will share entertaining stories and experiences that illustrate how culture, diversity and multicultural competencies can enhance our work and lives in general. He will also address problems social workers are facing; specifically related to the recession. How can social workers stay strong and positive in this time of economic challenges? Eric will give an inspirational message on the importance of the field of social work.

10:30 – 10:45 a.m.

Immigration Issues

Michelle Gutierrez, JD and Rafia Zakaria, JD

Working with immigrants often entails more complex situations due to immigration status, limited eligibility for public benefits, language access issues, cultural differences, etc. This session will provide a basic overview of these issues in order to provide social workers with a better understanding of the situations that their immigrant clients face and provide suggestions for resources helpful when working with immigrants.

11:00 a.m. – 12:30 p.m. **Breakout Session One**

Alternative Therapies

Donna Pollard, MA, and Gordon Burton, M.Div

In this course, we will talk predominantly about two therapeutic modalities: guided imagery and therapeutic music/vibrational healing. We will discuss the effectiveness of each modality for relaxation, anxiety reduction, and pain control and demonstrate how combining the two can enhance the effectiveness of both modalities. Experiential work will be included in the course.



International Adoption and Coping – Issues in Adoption

Vickie Truelove, MA

International adoption has changed significantly over the past several years in terms of participating countries, numbers, timelines, and rules and procedures e.g. the Hague Convention. Vickie will give a current overview that social workers will find helpful as they work with families who are considering or pursuing international adoption. She will also discuss ways we can help families and adoptees cope, both during the adoption process and after the child is placed.



Serious Mental Illness in Young Children

Steve Viehweg, MSW

Can very young children be diagnosed with serious mental illness? This session explores what we know about young children and mental health challenges such as bipolar disorder, obsessive compulsive disorder, attention deficit hyperactivity disorder, serious behavior problems and trauma. Ideas and strategies for assessment and intervention will be discussed.

▼
Veteran Issues - From the Battlefield to the Home Front
Nicole Webster, MSW, and Lisa Plewa, MSW

This workshop focuses on the challenges faced by our Nation's newest generation of combat veterans as they transition from active duty back to civilian status. Emphasis will be placed on the variety of psychosocial issues and physical health issues commonly experienced by veterans involved in the Global War on Terrorism (GWOT) after returning from a war zone, as well as programs that have been put in place within the Veteran's Health Administration to ensure a seamless transition for service members. This presentation is intended to provide education to social workers in all settings in order to better prepare them to link combat veterans and their families to the appropriate resources.

12:30–2:00 p.m. Lunch & Speaker

Boundary Issues in Social Work Ethics
Susan Wack, MSW

Boundary and dual relationship issues are among the most challenging ethical dilemmas in the field of social work. While it is clear some boundary issues need to be prevented (e.g. intimate relationships with clients), others may only be able to be managed carefully (e.g. when professionals practice in rural communities and have dual relationships with clients). This presentation will examine the various types of dual or multiple relationships that can occur in practice and provide a conceptual

Meet the Speakers

Bill Bickel, MTS, is the Director of Catholic Charities Indianapolis - Holy Family Services, an emergency shelter and transitional housing program for homeless families. He is also the Service Line Director for Catholic Charities Crisis Office and the Refugee and Re-Settlement Program. Previously, Bill was the Hispanic Housing Coordinator for Clarian Health's Homeless Initiative Program. He is a graduate of Villanova University and Catholic Theological Union, Chicago.

Gordon Burton, MDiv, has served as a Staff Chaplain at Methodist Hospital and Clarian Health since 1987 with specialties in Hospice and Palliative Care, Behavioral Health and Addictions, and Cardiac Medical Critical Care. He received a BA from University of Indianapolis in 1974 and a MDiv from Garrett-Evangelical Theological Seminary in 1977. He is an APC Board Certified Chaplain, LCSW, and CMP (Certified Music Practitioner, Music for Healing and Transition Program).

Michelle Gutierrez, JD, has been a staff attorney with The Julian Center since September 2005. Ms. Gutierrez's practice focuses on immigration remedies for survivors of domestic violence and crimes of violence. Prior to joining The Julian Center, Ms. Gutierrez worked as a staff attorney for the Hispanic Law Center, a project of Indiana Legal Services, Inc. Ms. Gutierrez received her bachelor's degree in political economy in 1997 from Hillsdale College and her JD in 2000 from Indiana University Bloomington.

Eric Love, M.Coun, currently serves as the Director of Diversity Education at Indiana University, Bloomington. As an undergraduate at Boise State (BSU), he developed a strong sense of social justice and became an outspoken human rights activist. While at BSU, Eric served as the first African American student body president. He went on to obtain a Master's degree from Idaho State University (ISU) in counseling, with an emphasis in Student Affairs. Eric then worked at ISU for five years as the Diversity Resources Coordinator. He also runs his own diversity consulting business, LoveForce Consulting.

Kimberly Minor is a Detective with IUPUI Police Department. She has been employed with IUPD for close to 14 years and has been assigned to the Investigations Division for a year and half. During her time at IUPD she has been trained in various areas. She is currently a R.A.D Instructor (Rape Aggression Defense) which is a woman self defense course. Through this she also speaks to various groups about women and safety. She is also a crime scene technician, field training officer, hostage negotiator, and a Standardize Field Sobriety Instructor among others. She has also been trained in various aspects of Internet Investigations.

framework for ethical decision-making that can help professionals protect clients and minimize risk. Ethical case scenarios will be presented along with the opportunity to wrestle some of these more subtle, complex, and ambiguous cases.

2:00– 2:15 p.m.

Break

2:15–3:45 p.m.

Breakout Session Two

Motivational Interviewing

Mary Louise Ruef, MA

This session will provide an overview of Motivational Interviewing. MI is a skill-based set of skills to elicit change, talk, and commitment. MI is an evidence-based practice that can be used in a variety of situations where it is important to respectfully guide change.



Pharmacology

Daniel Wu, Pharm.D., BCPP

This presentation will discuss general pharmacological treatment options for schizophrenia, bipolar disorder, major depressive disorder, and anxiety disorder. There will also be a general overview on various psychotropic medications including indications, mechanism of action, common and rare side effects, and drug-drug interactions. Clinical application of the various psychotropic medications will be presented.

Lisa M. Plewa, MSW, LCSW is employed as a Case Manager for the Operation Enduring Freedom/Operation Iraqi Freedom Program at the Richard L. Roudebush VA Medical Center where she has worked for a year and a half. She coordinates care and services for newly returning combat veterans and assists them in transitioning from military to civilian life. Ms. Plewa received her Master's Degree in Social Work from Indiana University in 1998 and has practiced as a Licensed Clinical Social Worker since 2000.

Donna Pollard, MA, is a healthcare chaplain specialized in trauma, critical care, adult, and perinatal bereavement, behavioral care and additions. She currently manages Social Services, Chaplaincy, Bereavement, and Volunteer Services for Clarian Health Hospice, Indianapolis. Donna is a member of the IN State Disaster Mental Health Response Team and is a Board Certified Crisis Chaplain (BCCC) with the American Academy of Experts in Traumatic Stress. She received a BA in Psychology from IUPUI in 2000 and a MA Pastoral Care & Counseling at Christian Theological Seminary, 2003. She is an APC Board Certified Chaplain (BCC).

Mary Louise Ruef, MA, Training Center Coordinator for Adult and Child Mental Health Center, has 35+ years of treatment experience in all modalities of addictions treatment combined with 20+ years of mental health experience in community mental health centers. She has been a state and national trainer for over 30 years and has trained and practiced Motivational Interviewing since 1997. In addition, she teaches Motivational Interviewing Training for Supervisors and the MITI 3.1 coding instrument to help practitioners measure and enhance their skills. Mary Louise is a member of the Motivational Interviewing Network of Trainers (MINT).

Vickie Truelove, MA, grew up in Michigan and Florida with dreams of both working with children as a profession and raising several children herself. After receiving a Bachelor's Degree from Eastern Michigan University and a Master's Degree from Ball State University, she moved to Indiana and spent 17 years as a special education teacher and administrator. During that time, she spoke at conferences around the US and provided in-service training to teachers on topics such as behavior management, crisis intervention and working with parents. In 1995 Vickie and her husband opened the Indiana office of HAND IN HAND. Vickie serves as Administrative Director of the Indiana office and as the Philippine and China Program Director for the entire agency. She enjoys providing pre-and post-adoption training and counseling to adoptive families.

Steve Viehweg, MSW, is Associate Director of the Riley Child Development Center, a nationally recognized interdisciplinary leadership training program supported by the Maternal and Child Health Bureau. He has provided consultation and training in several states and Puerto Rico. Steve currently serves as President to the Indiana Chapter of the National Association of Social Workers. His experience as a social work provider



Internet Issues

Detective Kimberly Minor

This session is designed to enhance the knowledge of dealing with Internet issues. Attendees will be presented with ideas and techniques to assist them and their client in staying safe on the social networks, i.e. Facebook, Myspace. She will also discuss how to stay safe from identity theft and what steps to take if your identity is stolen. In addition, she cover how to help your client deal with online gambling, pornography and other problems dealing with the Internet.



Economy and the Impact on Families

Bill Bickel, MTS

Homelessness among families is increasing at an alarming rate. The most recent Indianapolis census showed a 78% increase in family homelessness over the past year. Today, homeless families are estimated to make up more than 40% of our nation's homeless population. Beyond the basic needs of shelter, food, and clothing, homeless families require significant supportive services including a comprehensive coordination of care for the families' most precious asset - their children. What are the causes of family homelessness and what are the most effective ways of serving this rapidly growing population?

includes working with families and their children with delays as well as adults with disabilities. He is able to communicate in Spanish and American Sign Language. Steve has an MSW degree from Indiana University.

Susan Wack MSW, LCSW is a certified advanced social work case manager (C-ASWCM) and a licensed clinical social worker (LCSW) in the State of Indiana with over 14 years experience in long-term care, home health, and hospital settings. She is current owner of SW Professional Care Management, LLC, a care management agency that assists older adults and adults with disabilities in maintaining their safety and independence at home while providing linkage to community resources. Ms. Wack earned her Master's Degree in Social Work from the University of Iowa and her Bachelor's of Science in Social Work from St. Louis University. Ms. Wack also serves on NASW's Office of Ethics & Professional Review as a Mediator, serves as secretary on NASW-IN's Board and is co-chair of NASW-IN's Aging Specialty Practice Group.

Nicole Webster, MSW, LCSW is a Case Manager for the Operation Enduring Freedom/Operation Iraqi Freedom Program at the Richard L. Roudebush VA Medical Center. She received her MSW from Indiana University. Her professional experience includes 4 years at the Indianapolis VA Medical Center where she has worked with homeless veterans living with severe mental illness; provided individual and group therapy for Operation Enduring Freedom/Iraqi Freedom veterans; and most recently is providing case management services to our Nation's newest generation of combat veterans.

Daniel Wu, Pharm.D., BCPP, is the clinical pharmacy specialist in psychiatry at the Richard L. Roudebush VA Medical Center. Dr. Wu obtained his Doctor of Pharmacy Degree at Samford University McWhorter School of Pharmacy in Birmingham, Alabama, and went on to complete a specialty pharmacy practice residency in psychopharmacology at the Tuscaloosa VA Medical Center in Tuscaloosa, Alabama. In addition, he is Board Certified in Psychiatric Pharmacy by the Board of Pharmaceutical Specialties.

Rafia Zakaria, JD, is the first Pakistani American woman to serve as a Director for Amnesty International USA. She is a lawyer and the Director of the Muslim Women's Legal Defense Fund for the Muslim Alliance of Indiana/The Julian Center Shelter representing victims of domestic violence. She is a Ph.D. candidate in Political Science at Indiana University, currently working on her dissertation entitled "Negotiating Identity: Sharia, Multiculturalism and Muslim women." She was the John Edwards Fellow at Indiana University for 2007-2008 which is the highest academic honor that can be achieved by a graduate student at Indiana University.

March 5, 2010 IUSSWAA 9th Annual Alumni Conference

Registration — You may also register online at: www.alumni.iupui.edu

Please print

Name _____
Last First

Address _____

City _____

State _____ Zip _____ Class Yr. _____

Phone (Day) _____

E-mail _____

	Quantity	Amount
Alumni Association Members @ \$58	_____	_____
Alumni Association Non Members @ \$65	_____	_____
Students @ \$20	_____	_____
Exhibit Table @ \$100	_____	_____
(Exhibitors please complete the exhibitor form. Registration includes one lunch)		
Additional Exhibitor lunch/lunches @ \$25	_____	_____
Total Paid		\$ _____

Additional Attendees Names for Nametags:

Please attach a list of names if additional space is needed – we do nametags for each attendee.

Reservation Deadline: March 1, 2010.

If paying by check, please make payable to IUAA.

If paying by credit card, please complete:

Visa Mastercard AMEX

Acct. # _____ Exp. Date _____

Signature _____

Security # (last three digits on the back of your credit card): _____

Please check the sessions you and your guests plan to attend. Indicate how many people will attend the sessions you select. This information will help us plan handouts, seating, etc.

Friday, March 5, 2010

8:30 – 9:00 a.m. Registration

9:00 – 9:15 a.m. Welcome

9:15-10:30 a.m.

Keynote, Cultural Diversity _____

10:30-10:45 a.m.

Immigration Issues _____

11:00 a.m.-12:30 p.m. Breakout Session 1

Alternative Therapies _____

International Adoption and Coping – Issues with Adoption _____

Serious Mental Illness in Young Children _____

Veteran Issues _____

12:30-2:00 p.m.

Lunch and Ethics Discussion _____

2:15-3:45 p.m. Breakout Session 2

Motivational Interviewing _____

Pharmacology _____

Internet Issues _____

Economy and the Impact on Families _____

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

Continuing Education Credits

Continuing education credits will be issued by Indiana University School of Social Work.

This conference is worth 6 CEU Hours.

Exhibitor Registration \$100

Name of Organization

Contact Name

Address of Organization

City

State

Zip

Daytime Phone Number

Email Address

Do you need an extension cord? Do you need a 6' table?

Note: Each exhibitor registration includes one lunch. Additional lunches are \$25 each.

To book a hotel room, please call:

The Marten House Hotel and Conference Center @ 1-800-736-5634

Send completed form to:

IUSSWAA, 850 W. Michigan St., Suite 241, Indianapolis, IN 46202-5198

or fax to (317) 274-6589

For more information, please call (317) 274-8959 or e-mail kdeery@iupui.edu.

The IU Alumni Association is a dues supported membership organization

IUSSWAA

850 W. Michigan St., Suite 241
Indianapolis, IN 46202-5198

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