

2010 Achievers Summer Academy

Things to Bring and Not to Bring

What to Bring

- Soap
- Deodorant
- Toothbrush / Toothpaste
- Lotion
- Sun Screen
- Shampoo
- Comb, brush & hair care products

- Sheets & blanket **or** a sleeping bag
- Pillow and pillow case
- Towels (2) Washcloths (2)
- Backpack or book bag
- Calculator
- Watch (check-out the rule on cell phones!) and Alarm Clock
- Professional outfit to wear for the Achievers Presentations & Award Ceremony (Men – nice slacks & shirt – tie optional. Women – skirt or slacks & blouse).
- Musical instruments or props/supplies for the Talent Show (Wed.)
- T-shirt, sweatshirt, hat with you high school's name or logo for Spirit Night (Monday evening).

Clothing

- Comfortable shoes – we walk everywhere!
- Shower shoes (flip flops) / shower cap
- Pajamas or nightgown
- Ample supply of undergarments
- Swim suits, beach towel, swim cap, sunglasses
- Shorts, pants, skirts (no miniskirts, halter/tube tops or super baggy shorts/pants)
- Baseball cap or sun hat
- Jeans or sweat pants (for evenings & mosquitoes)
- Long sleeves shirt or a sweatshirt
- Light jacket or rain slicker

Optional Items

- Umbrella and rain slicker
- Insect repellent
- Disposable camera
- Small Amount of Spending money (\$20- \$40) snack & souvenirs

Please Read. . .

If you bring a cell phone, iPod or other electronic devices to campus, they must be left in Forest Residence Hall during the day. If you are uncomfortable leaving these items locked in your dorm room, **do not bring them to campus.** Participants of Achievers are with staff members at all times. If an emergency arises, or a student needs to make a phone call, counselors, instructors & I have phones. Additionally, family members may call Dr. Jo or numbers we provide if they have an emergency or have concerns or questions. This rule regarding use of phones and electronic devices is consistent with the policies of most high schools and other pre-college programs. We follow it to maintain a good academic and social atmosphere for everyone involved with Achievers.

What Not to Bring

- Bicycle or skateboard
- Computer or PDA
- Radio, boom box, or T.V.
- Expensive jewelry or clothing
- Clothing that is revealing
- Clothing depicting rude, lewd, inappropriate images or words.
- Knives/army knives or any weapons
- Alcohol, tobacco, illegal drugs
- Fireworks / explosives